

**ETHICAL NUTRIENTS**

PROFESSIONAL NATURAL MEDICINES

## INNER HEALTH PLUS



Have you had your  
**INNER HEALTH PLUS**  
today?

### Do you suffer from bloating, gas or low immunity?

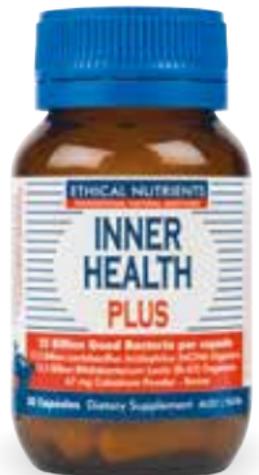
Help put the balance back into your digestive health, maintain your immune health and improve your general wellbeing with Inner Health Plus.

### Have you recently taken a course of antibiotics?

Inner Health Plus may assist in maintaining the balance of good bacteria that may have been disrupted.

### Balance of good bacteria is vital for good health

Everyday diet and lifestyle factors can throw out this balance, however Inner Health Plus contains two specific strains of good bacteria, *Bifidobacterium lactis* (Bi-07) and exclusive *Lactobacillus acidophilus* (NCFM®) to assist in maintaining healthy immune function and increase the number, growth and adherence of beneficial intestinal bacteria.



Find these products in the fridge



[www.innerhealth.com.au](http://www.innerhealth.com.au)

[www.innerhealthplus.co.nz](http://www.innerhealthplus.co.nz)

**Please take a brochure**

Always read the label. Use only as directed. If symptoms persist consult your healthcare professional.

# Which Inner Health product is best for me?

Find these products in the fridge.

**INNER HEALTH PLUS** – Convenient, high strength, once a day capsule.  
Dairy free version also available.

**INNER HEALTH POWDER** – If you prefer powder over a capsule.  
Dairy free version also available.

**INNER HEALTH FOR kids** – Specifically formulated for children.

**INNER HEALTH IMMUNE BOOSTER FOR kids** – For kids who frequently get colds and flus.

**INNER HEALTH IMMUNE BOOSTER FOR ADULTS**  
– Clinically shown to reduce the frequency and duration of colds.

**INNER HEALTH CANDEX** – May help to maintain healthy bacteria.

## Why are probiotic strains so important?

Different probiotic strains have very different effects in our bodies. That is why some probiotics are more useful in different health conditions than others. By identifying the strain we can ensure that the health benefits shown in the research match the probiotics we use in our capsules and powders. The exact strain used in each Inner Health product will always be shown in brackets after the probiotic name eg. *Lactobacillus acidophilus* (NCFM®).

## Why is Inner Health kept in the fridge?

Probiotics, such as the Inner Health range, are heat, moisture and temperature sensitive. It is difficult to maintain consistent conditions when stored on a retail shelf or in the home. In order to ensure your product lasts through to the expiry, Inner Health products should be kept in the fridge.

## Where can I buy the Inner Health range?

The Inner Health range is only available from Pharmacies and Health Food stores where you can get informed advice about improving your health through diet, lifestyle and supplementation.

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For more information on the Inner Health Range, talk to your Vitamin Consultant or call Health World Limited Australia 1800 777 648  
New Zealand 0508 277 744.

